



Montessori Practical Life Task Chart

Toddler Tasks	Ages 3-6 Tasks
<ul style="list-style-type: none"> • Help prepare snacks • Help with dishes • Help set the table • Help feed the pets • Pick up toys • Put books back on bookshelf or basket • Throw away trash • Help with laundry - put in washer and help take out of the dryer • Hang clothes to dry • Fold washcloths • Sweep small areas • Pick out clothes to wear 	<ul style="list-style-type: none"> • All previous Toddler Tasks • Sweep • Help vacuum • Help prepare meals and snacks • Set and clear table • Help wash dishes • Feed pets • Clean mirrors and windows • Make their bed • Sort clothes, hang to dry, help fold • Tend to the garden • Tidy their room • Wash the table before and after meals
Age 7-10 Tasks	Ages 11 & Up Tasks
<ul style="list-style-type: none"> • All previous Tasks • Take out trash and recycling • Wipe down bathroom sinks and tubs/showers • Prepare small family meals with parent supervision • Thoroughly dust, vacuum and mop • Help with lawn care 	<ul style="list-style-type: none"> • Do the laundry • Help build and fix things as needed • Mow the lawn • Help write out a weekly meal plan • Help prepare and cook larger meals <p>Children of this age are capable of learning & helping with most grown-up tasks.</p>